

HEADS UP!

How we make wigs. How we make wigs. How together, we help children with cancer.



The story of a Little Princess



The Little Princess Trust was set up in 2005 in memory of Hannah Tarplee.

When Hannah was diagnosed with a Wilms Tumour in 2004, the loss of her hair was especially traumatic. Her parents struggled to find a wig suitable for her during treatment, and felt the most fitting tribute to the five-year-old would be a charity dedicated to providing wigs to children who had lost their own hair due to cancer treatment and other illnesses.

The Little Princess Trust was born and the charity has since helped thousands of young people, up to the age of 24, regain their confidence and identity by giving them a wig.

Thanks to its family of supporters, The Little Princess Trust also funds vital research that will lead to kinder and more effective treatments for all childhood cancers.





The perfect way to crown courage and bravery \mathcal{H} .

Each year The Little Princess Trust provides more than 2,000 real hair wigs, free of charge, to children and young people who have lost their own hair due to cancer treatment and other conditions.

We know from speaking to our wig recipients just what a difference our wigs make. As one recipient's mum perfectly put it: "These wigs are not to hide hair loss but to crown courage and bravery." She is not alone in praising our service...

...as these brilliant and brave wig recipients prove.



Laura Taylor

"My biggest fear when I found out about having cancer was losing my hair and what I was going to look like. Having this wig gave me my confidence back and has made me feel like me again."

Callum Boyd

"Losing your hair can be quite intimidating and signals that everything in your life has changed. So getting a wig fitted and styled helps to bring back some sort of normality and boosts your self-esteem."





Hannah Kite

"Before I had a wig, I was a completely insecure and different person. But after receiving the wig from The Little Princess Trust everything has changed."

How to donate hair

The Little Princess Trust promises to be there for every young person needing a wig. But we can only provide this service thanks to our many wonderful supporters. We understand just how important someone's hair is to them and that is why we are so grateful to every one of our donors – and make the process of donating hair as straightforward as possible.

It's easy as 1, 2, 3...4!

Step 1

Wash hair and dry thoroughly. Do not use conditioner or styling products. Put hair into ponytail/s.



Secure ponytails at both ends with a hair band, and one halfway down (or at regular intervals for longer hair).
Cut above the top band.



Step 3

Place cut hair inside a cardboard or heavyweight paper envelope. Include your completed Hair Donation Form. Have your envelope weighed to ensure the correct postage.

Step 4

Post the envelope to us at:

The Little Princess Trust
The Hannah Tarplee Building
22-25 Berrington Street
Hereford
HR4 OBJ

The longer the better

We are encouraging all our supporters to donate hair that measures 12 inches and above

The minimum length of hair we accept is 7 inches (17 centimetres).

However, we do currently have a good supply of this length of hair – and that is why we launched our Let It Grow campaign.

So, to help us meet the demand for our most popular wigs, we encourage our wonderful supporters to keep growing their long locks until they have 12 or even 16 inches of hair to donate.

Three to four inches of hair is used when knotting hair to the wig cap so every inch counts.



Need to know more before your big cut?

Watch a video on our website with a step-by-step guide.

www.littleprincesses.org.uk/donate-hair



Doing good feels good

Your decision to donate hair means a lot to us – and we're sure it also will to everyone you know. So why not ask family and friends to sponsor you? That way, as well as giving hair, you can raise money too!

It costs £700 to provide a wig for a young person and, as The Little Princess Trust does not employ any specialist fundraisers, we can only carry out our work thanks to our brilliant supporters.

Within this pack you will find posters and sponsorship forms to help your fundraising while the SuperHairo booklet contains plenty of ideas to raise vital pounds for LPT.

And anyone wanting extra help can always call our team on 01432 352359 and get personal support and more inspirational ideas.





If you give the gift of hair then please don't forget to fill out your hair donation form so we can properly thank you!

Hair. Care. Share

We want the world to know about the amazing donation you've made. So don't forget to shoot videos and take pictures before sharing your story with our social media channels.





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Be the star in your own film

We love seeing everyone's pictures, but with the rise of platforms such as TikTok and Instagram, we need more filmed content. Plus, we think there's no better way to show what a star you are!

Get In Touch

Our team is here and happy to speak to any supporter with a question. Getting in touch is very easy so contact us on any of the ways below.

call us: 01432 352359

email us: hello@littleprincesses.org.uk

or visit us: www.littleprincesses.org.uk